

## **Authentic Awakening**

“I heard a Zen master once lecture that if psychedelics provided authentic awakening or spiritual experience, one would not ever have to approach them again.

This is a common point of view.

I would ask why the same isn't said of the Zen cushion or approaching the Zen master or guru?

Is wisdom and realization a destination we arrive at, or a constant journey in ever unfolding possibility?

If it is an ongoing process, a journey of constant vigilance, awakening and reawakening, then tune-ups, from life, from teachers, or plant friends are welcome along the way.”

*- Ganga White*